

## *Make Time For God*

### **Prayers for Morning:**

Father in heaven, you love me,  
You're with me night and day.  
I want to love you always  
In all I do and say.  
I'll try to please you, Father,  
Bless me through the day.  
Amen

### **Prayers for Evening:**

God, our Father, I come to say  
Thank you for your love today,  
Thank you for my family,  
And all the friends you give to me.  
Guard me in the dark of night,  
And in the morning send you light.  
Amen.

### **Sign of the Cross:**

In the name of the Father and of the  
Son and of the Holy Spirit. Amen.

### **Grace before meals:**

Bless us, O Lord as we sit together,  
Bless the food we eat today.  
Bless the hands that made this food.  
Bless us, O Lord.  
Amen

### **Act of Sorrow:**

O my God,  
I thank you for loving me,  
I am sorry for all my sins,  
For not loving others and not loving  
you.  
Help me to live like Jesus  
And not sin again.  
Amen.